

BOOK 137

MOSHE SISESENDER

# DEPRESSION

IN THE USA THERE ARE  
75 MILLION PEOPLE  
WHO SUFFER VARIOUS STAGES  
AND KINDS OF DEPRESSION.

DEPRESSION BY DEFINITION  
CAN OCCUR WHEN A PERSON  
ENCOUNTERS A BARRIER THAT

THEY BELIEVE THEY CAN NOT  
OVER COME. THE PERSON IS  
FRUSTRATED. THEY FEEL THAT  
THEY CAN NOT CONTINUE  
LIVING AND GOING FORWARD  
WITH OUT OVER COMING THE  
OBSTACLE.

DEPRESSION IS VERY  
DANGEROUS. DEPRESSION IS  
PAINFUL. PEOPLE CAN COMMIT  
SUICIDE. PEOPLE CAN START  
USING DRUGS THEY CAN

BECOME ADDICTED. THEY CAN OVERDOSE AND DIE. DURING THE TIME THEY ARE DEPRESSED ONE CAN BE IMMOBILIZED AND NOT BE PRODUCTIVE.

DEPRESSION COSTS MILLIONS IF NOT BILLIONS OF DOLLARS EACH YEAR OF LOST PROFITS AND COSTS TO TREAT THE DEPRESSION.

HOWEVER THERE EXISTS A SIMPLE NON EVASIVE CURE.

WHAT IS THE CURE?

DO YOU REALLY WANT TO  
KNOW???

ANSWER

HAVE

A

LARGE

EGO

WHEN YOU HAVE A LARGE  
EGO WHEN YOU BELIEVE YOU  
ARE NAPOLEON

YOU CAN DO EVERY THING.  
THERE EXISTS NO BATTLE  
THAT YOU CAN NOT CONQUER.  
THEN YOUR DEPRESSION WILL  
EVAPORATE.

WHEN YOU HAVE  
A LARGE EGO  
YOU WILL REALIZE  
THAT IT IS NOT NECESSARY  
TO OVER COME  
EVERY OBSTACLE.

TO WIN VERY WAR.  
YOU CAN TAKE A PASS .  
YOU NEED NOT  
DECLARE WAR.  
YOU SPEND  
YOUR ENERGY  
AND FIGHT  
ONLY  
ONLY  
THOSE

BATTLES

WHERE

YOU

HAVE

CONTROL.

YOU STILL REMAIN THE  
NUMBER ONE THE MOST  
IMPORTANT PERSON IN THE  
WORLD BY TURNING AWAY.

THE BADGE OF GREATNESS IS  
NOT CONQUERING EVERY HILL.  
PRUDENCE

IS THE  
BADGE

OF GREATNESS .

NOT GETTING STUCK IN ONE  
AREA IS PRUDENCE.

IF " A " DOES NOT WORK OUT  
PROCEED TO " B " .



IF " B" DOES NOT WORK OUT  
PROCEED TO "C"

AND SO

ON .

IN AN OTHER BOOK I WILL  
DISCUSS THE SECRET OF 2000  
YEARS JEWISH SURVIVAL BY  
FOLLOWING THIS STRATEGY.

MAY GOD BLESS YOU YOUR  
FAMILIES AND FRIENDS AND  
ALL HUMANS.