

# Book 55

How to be at peace  
with GOD ??? What is  
secret of Longevity,  
happy marriage,  
working relationship  
with one's children  
grandchildren enemies  
to friends ???

MOSHE SISELSENDER

I

Have a large

EGO HAVE A

LARGE EGO

YOU ARE THE

SMARTEST

PERSON IN THE  
WORLD YOU  
ARE THE  
NICEST  
PERSON IN  
THE WORLD

**YOU ARE THE  
MOST ETHICAL  
PERSON IN THE  
WORLD YOU  
ARE THE MOST  
BEAUTIFUL**

**PERSON IN THE  
WORLD**

**WHY???**

**BECAUSE THE  
EMOTIONS OF  
A PERSON =**

**DIRECTLY  
INTERACT WITH  
HIS BODY.  
THERE EXISTS  
LITERALLY  
THOUSANDS**

**OF INVINCIBLE  
DEADLY  
BACTERIA AND  
VIRUSES  
FLOATING  
AROUND IN**

THE AIR. WHY  
DOESN'T  
EVERONE DROP  
DEAD ?  
BECAUSE THE  
IMMUNE



**SYSTEM KEEPS  
ALL THE  
VIRUSES AWAY.  
NOW, THE  
IMMUNE  
SYSTEM**

**WORKS AND  
PERFORMS ITS  
JOB IN DIRECT  
CORRELATION  
TO THE DEGREE  
OF HAPPINESS**

AND SELF  
SATISFACTION  
A PERSON HAS  
- THEMSELVES.  
WHEN A  
PERSON HAS A

**VERY LARGE  
EGO HE /SHE  
HAS THE  
HIGHEST  
DEGREE OF  
SATISFACTION.**

**THE IMMUNE  
SYSTEM IS  
WORKING  
OVERTIME TO  
KEEP ALL THE  
VIRUSES**

**AWAY.THE  
IMMUNE  
SYSTEM  
PREVENTS THE  
CELLS FROM  
DEGENERATING**

# THE IMMUNE SYSTEM

ENABLES NEW  
CELLS TO  
REPLACE OLD  
CELLS. ALL

**CELLS IN THE  
BODY BRAIN  
CHANGE EVERY  
SEVEN YEARS.  
EVEN OLD  
PEOPLE IF THEY**



**HAVE A VERY  
LARGE EGO  
WILL REPLACE  
ALL THEIR  
WORN CELLS.  
THEY WILL NOT**

**HAVE  
NEUROSIS  
THEY WILL  
ESCAPE THE  
DISEASES OF  
OLD AGE. AND**

**THEY WILL**

**ACHIEVE**

**LONGEVITY.**

**WHEN ONE**

**BELIEVES THAT**

**HE/SHE IS THE**

GREATEST- NO  
ONE CAN HURT  
THEM. WHO IS  
TRYING TO  
HURT YOU ? A  
cockroach?a

grasshopper??

a no body???

If the person

trying to hurt

you was

descent he/she

would behave  
like a human  
and not like an  
animal.

At least my dog  
licks me, not  
bite me. I have  
found \_\_\_\_\_ that

being sensitive  
to the ego of  
my dog  
increases my  
dog's health  
and longevity.



## II. Arguments

All arguments

have 2

components.

[1] the merit of

the position. [2]

the emotional  
challenge to  
the  
Ego  
Of the  
contestants.

I am married  
over 50 years.  
My wife ,in my  
opninion , was  
90% wrong all  
the time. I did

what she  
wanted 90% of  
the time. Every  
time she was  
wrong. Not  
because of the

merits of her  
position. But  
because I did  
not want to  
hurt her

Ego.

I wanted to  
strengthen her

Ego

=strengthen

her health=

strengthen her  
longevity.

What did I get  
in return ? A  
**HEALTHY WIFE  
WHO NEVER**

AGES . SHE  
GETS MORE  
BEAUTIFUL  
EVERY DAY. I  
SPOILED MY  
WIFE ROTTEN .



**BUT I GOT**

**over 50 years**

**of marital**

**happiness.**

**The same**

**formula I follow**

with my  
children grand  
children and  
everyone else.  
It turned  
enemies to

best friends. I  
am very  
flexible. That is  
the **SECRET** to  
have peace  
with all men

# /women and GOD.

IN THE USA THERE ARE 75  
MILLION PEOPLE WHO SUFFER  
FROM DEPRESSION SOME TIME  
IN THEIR LIFE.

I WENT THROUGH HELL HELL  
HELL IN MY LIFE . BUT I ALWAYS  
HAD AN ASTRONOMICAL

EGO. I ALWAYS BELIEVD THAT I  
CAN OVER COME ALL  
OBSTACLES WITH THE HELP OF  
GOD. GOD ONLY HELPS THOSE  
WHO HELP THEMSELVES AND  
BELIEVE IN THEMSELVES.  
MIRACLES DO OCCUR. BUT  
MIRACLES ARE VERY RARE.  
MAN/WOMAN ARE FORBIDDEN  
TO RELY ON MIRACLES.  
I OVERCAME ALL OBSTACLES.

I  
NEVER  
WAS DEPRESSED  
I ALWAYS BELIEVED THAT I AM  
THE GREATEST  
THE SMARTEST  
THE WORLD WAS CREATED  
BECAUSE OF  
ME.

**TALMUD  
BAVALI  
SANEHDRIN  
37A**